

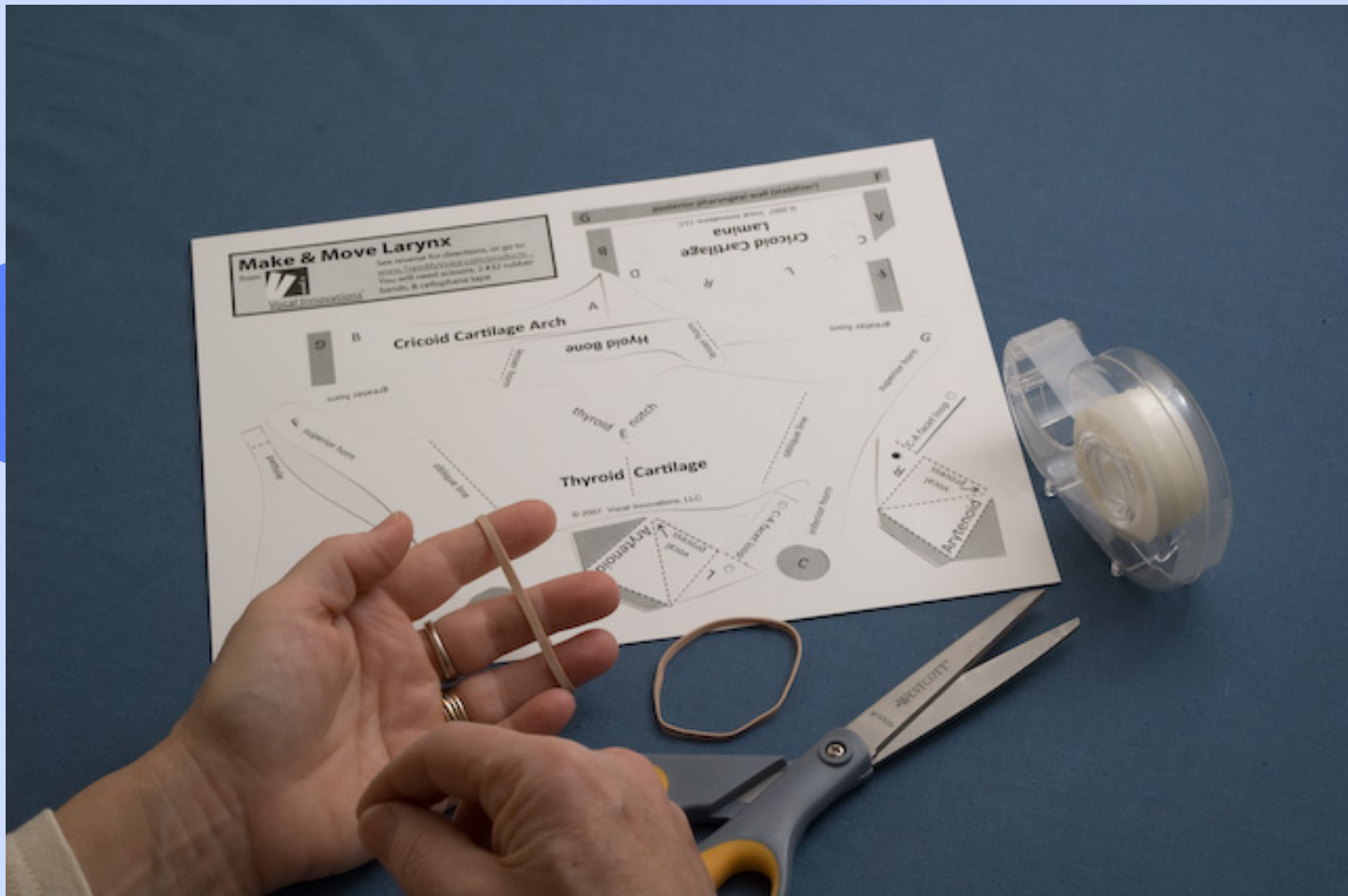


# **Make & Move Larynx Construction**

A Tutorial for  
Estill Voice Training Courses



•••●● This is all you need!



# ●●●●● Pull Pieces from Card



# ●●●●● Remove Insets from Slots/Holes



# ••••● Even the Tiny Ones!





# ●●●●● Find Cricoid Arch & Lamina



# ●●●●● Tape Arch A/B Over Lamina Tabs



# ● ● ● ● ● Keep Bottom Edge Straight





# ●●●●● The Cricoid Cartilage



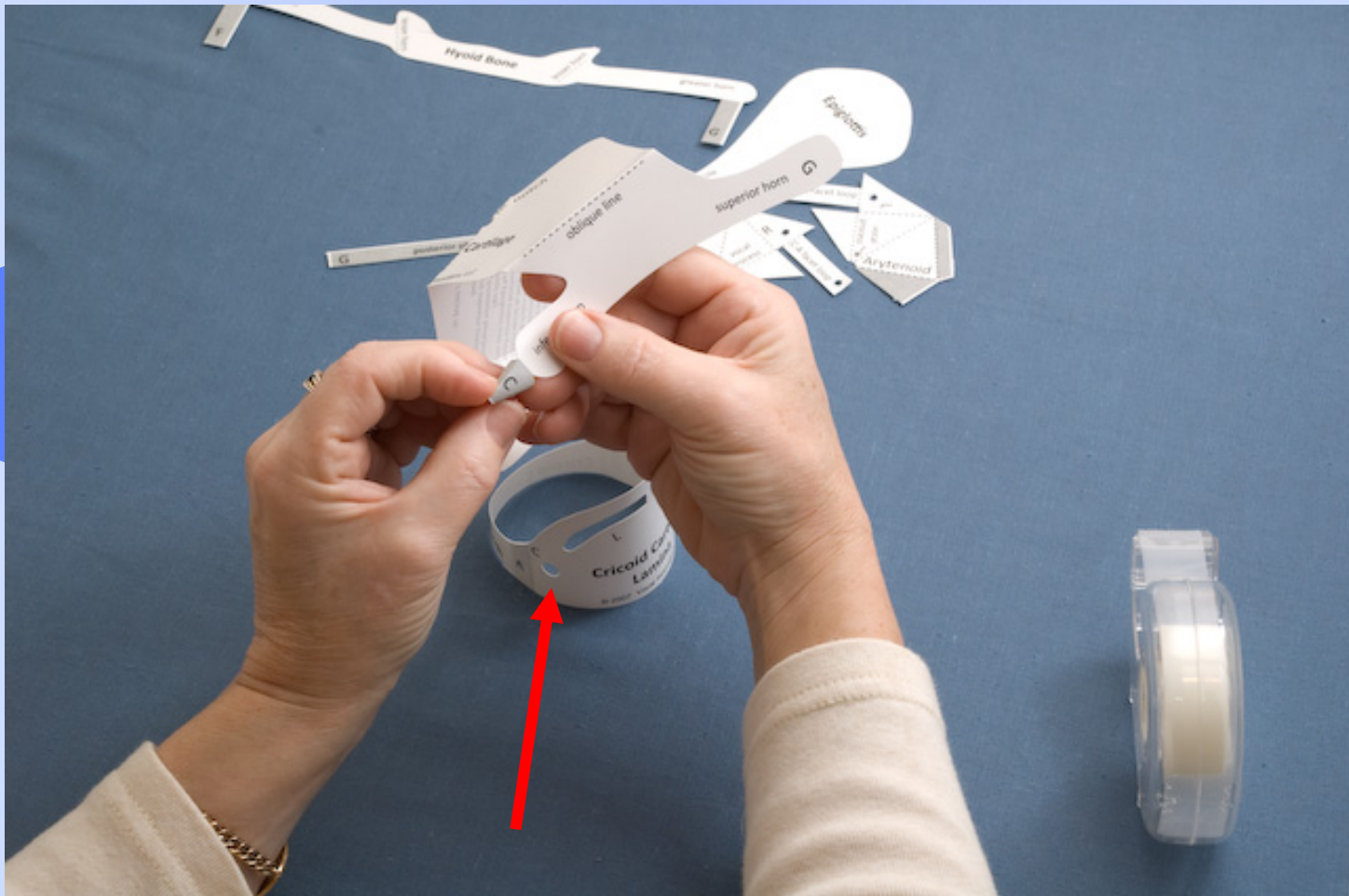
# ●●●●● Fold Thyroid Cartilage



# ● ● ● ● ● Roll Tabs C and D

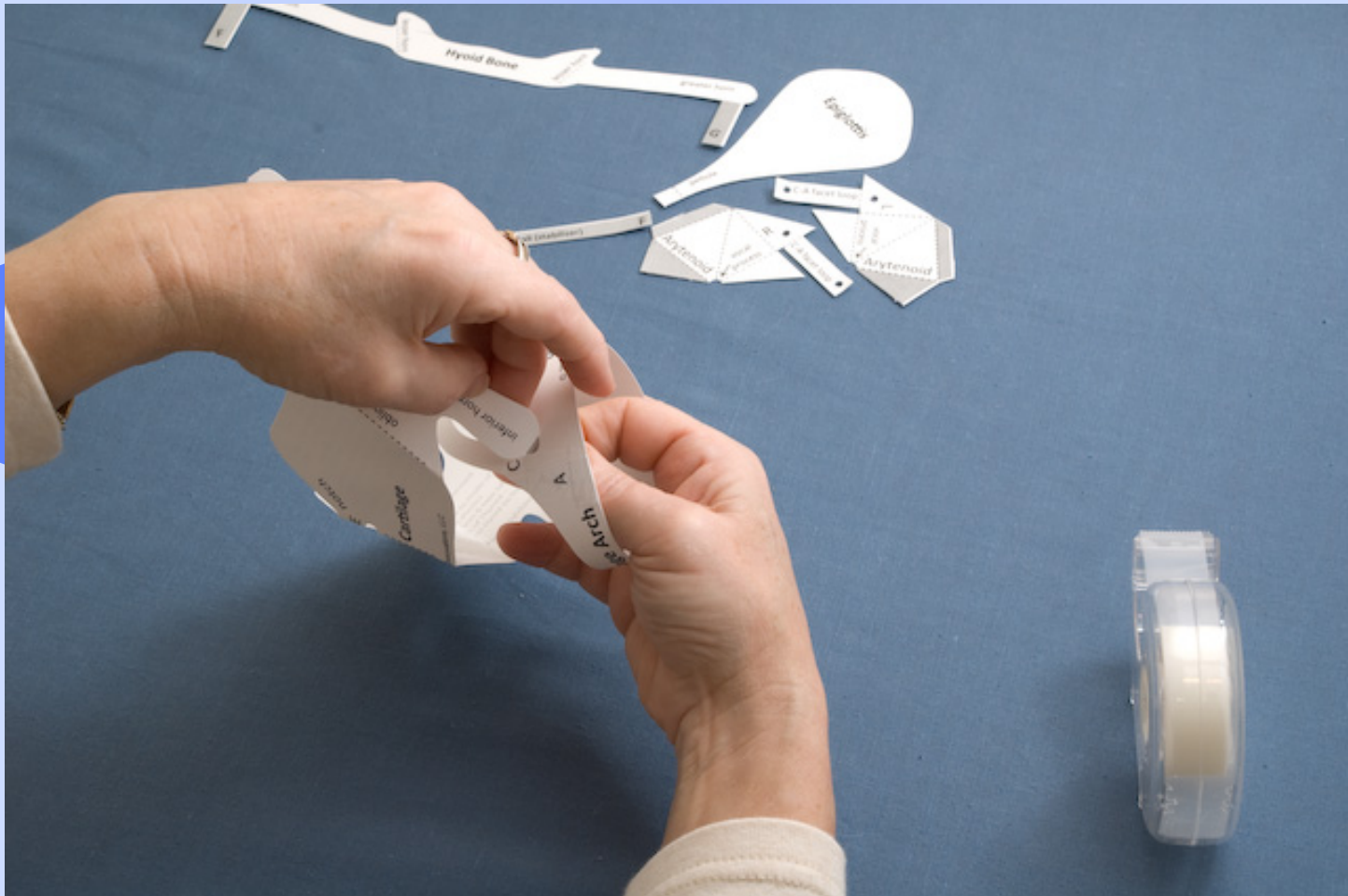


# ● ● ● ● ● Note Hole C in Cricoid

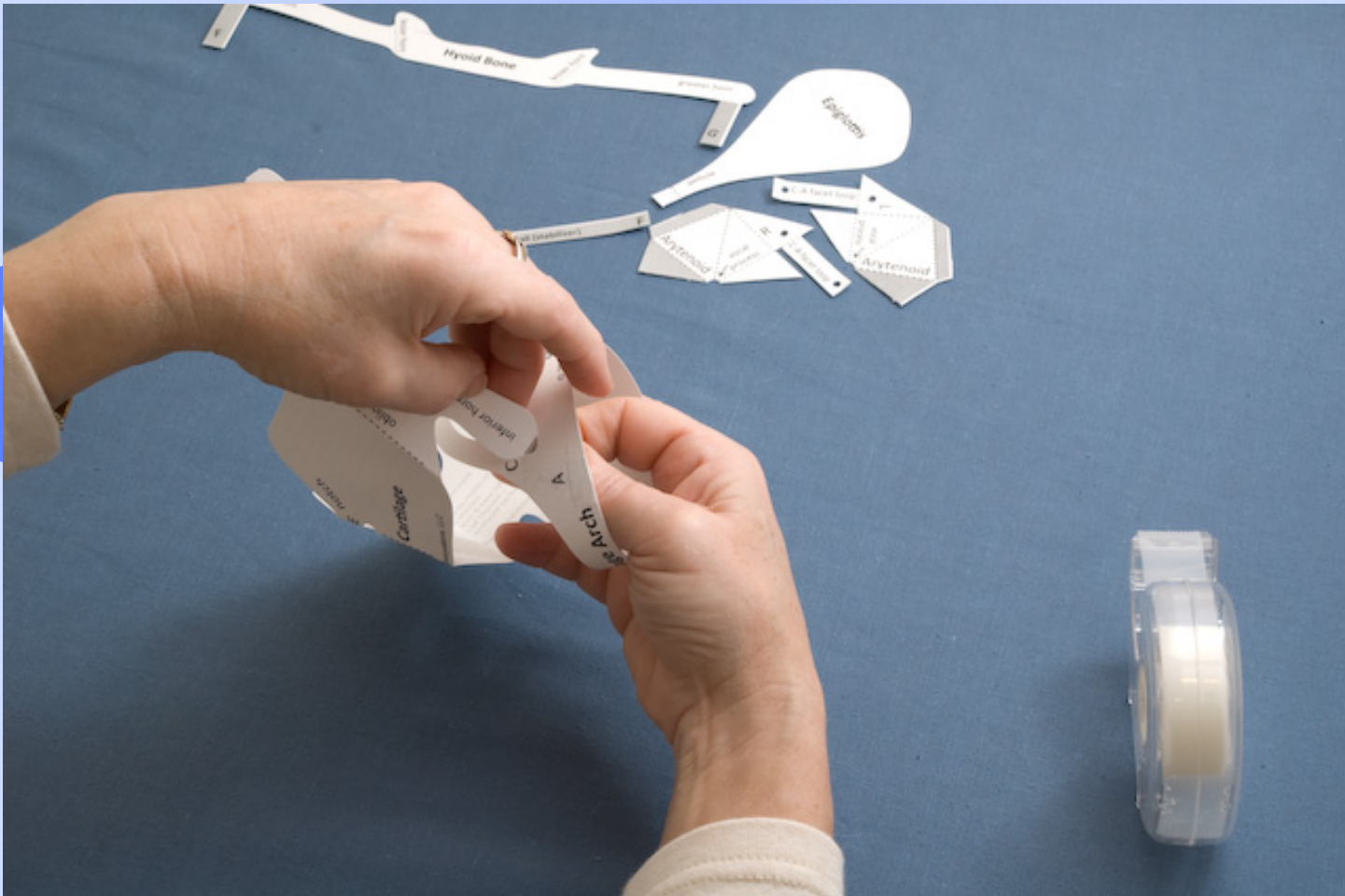




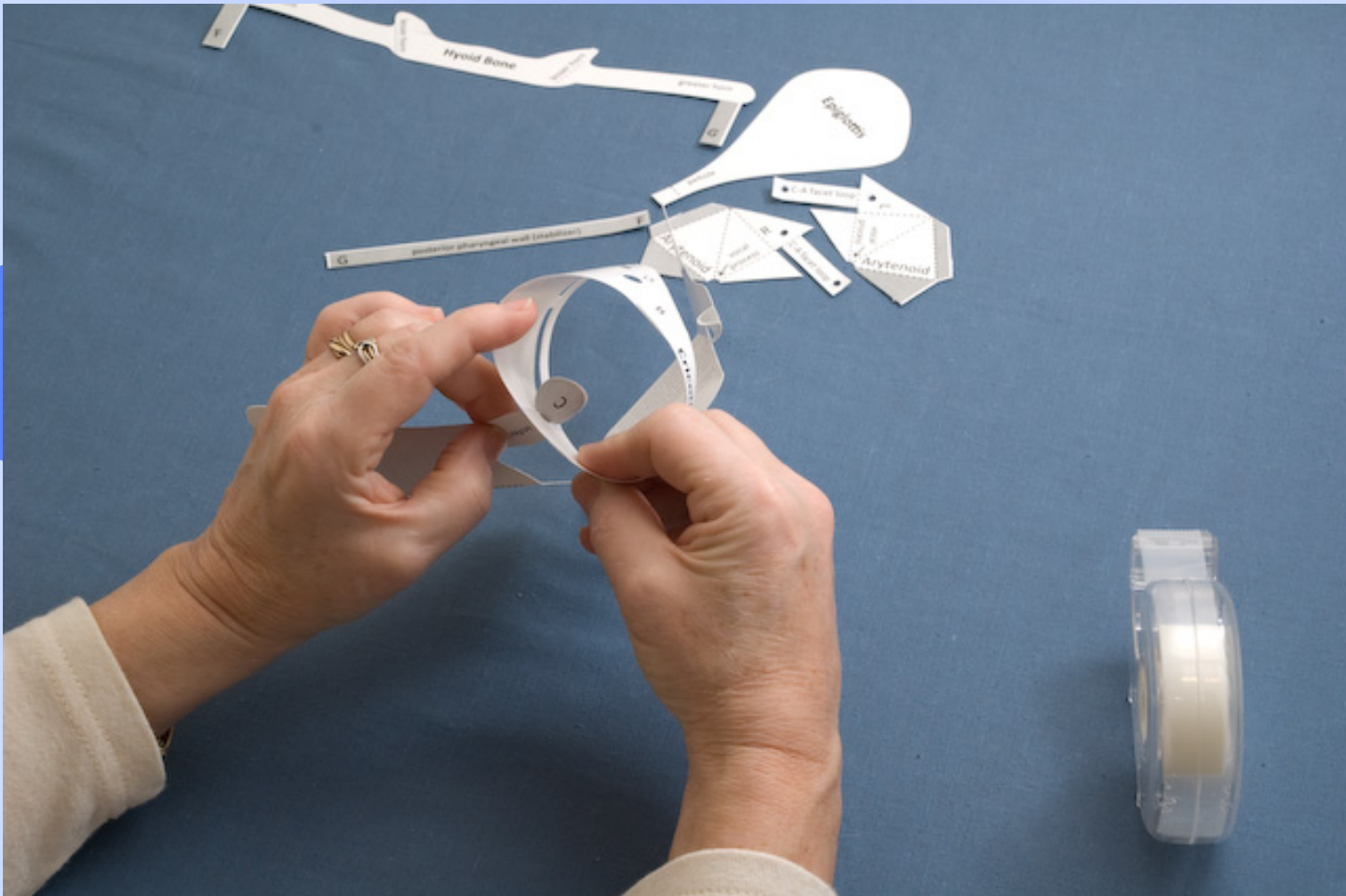
# ●●●●● Insert Tab C Through Hole C



# ●●●●● Pull Tab All the Way Through



# ● ● ● ● ● And Flatten

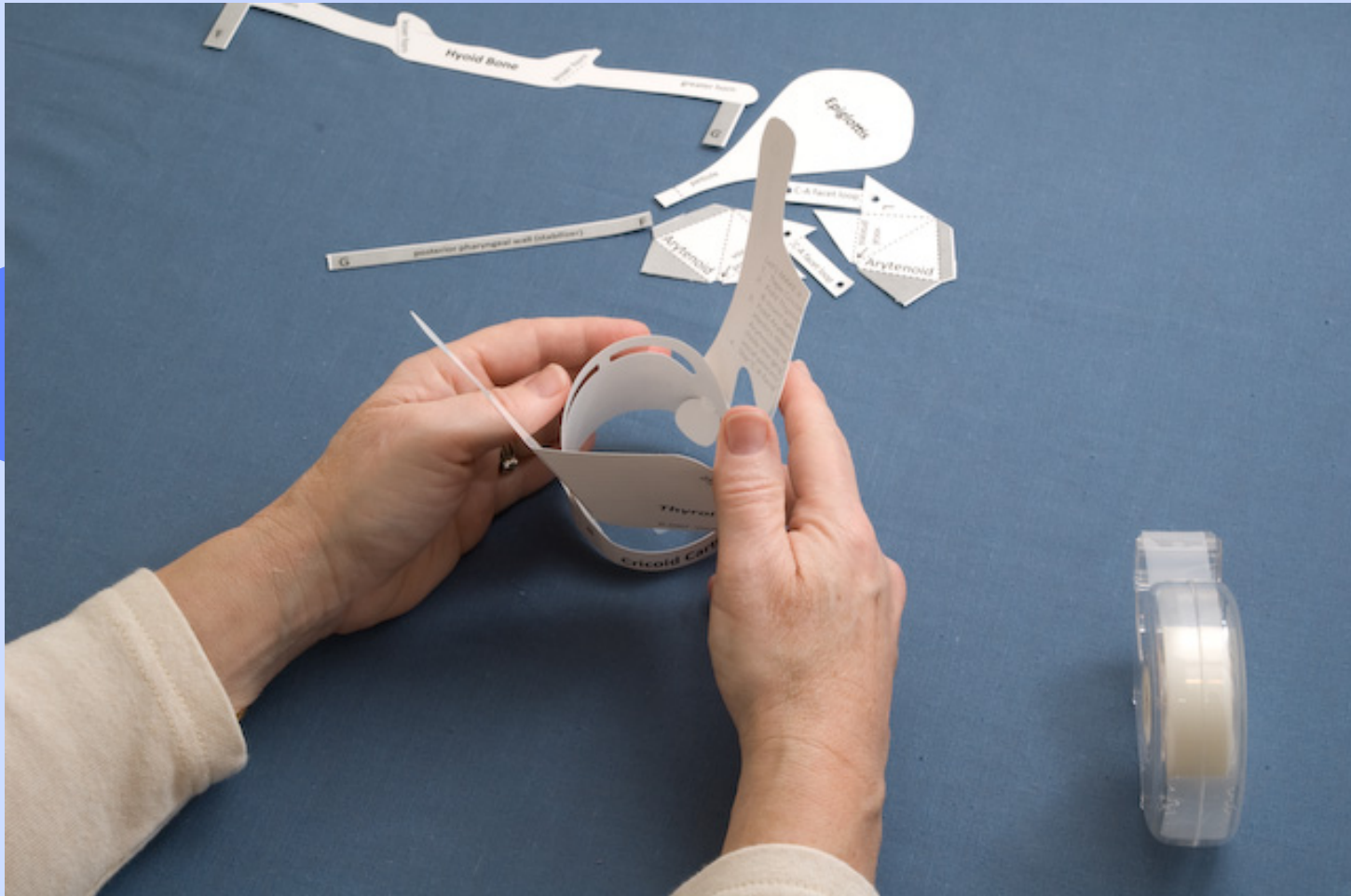


# ●●●●● Repeat on Other Side





# ●●●●● Thyroid and Cricoid Cartilages



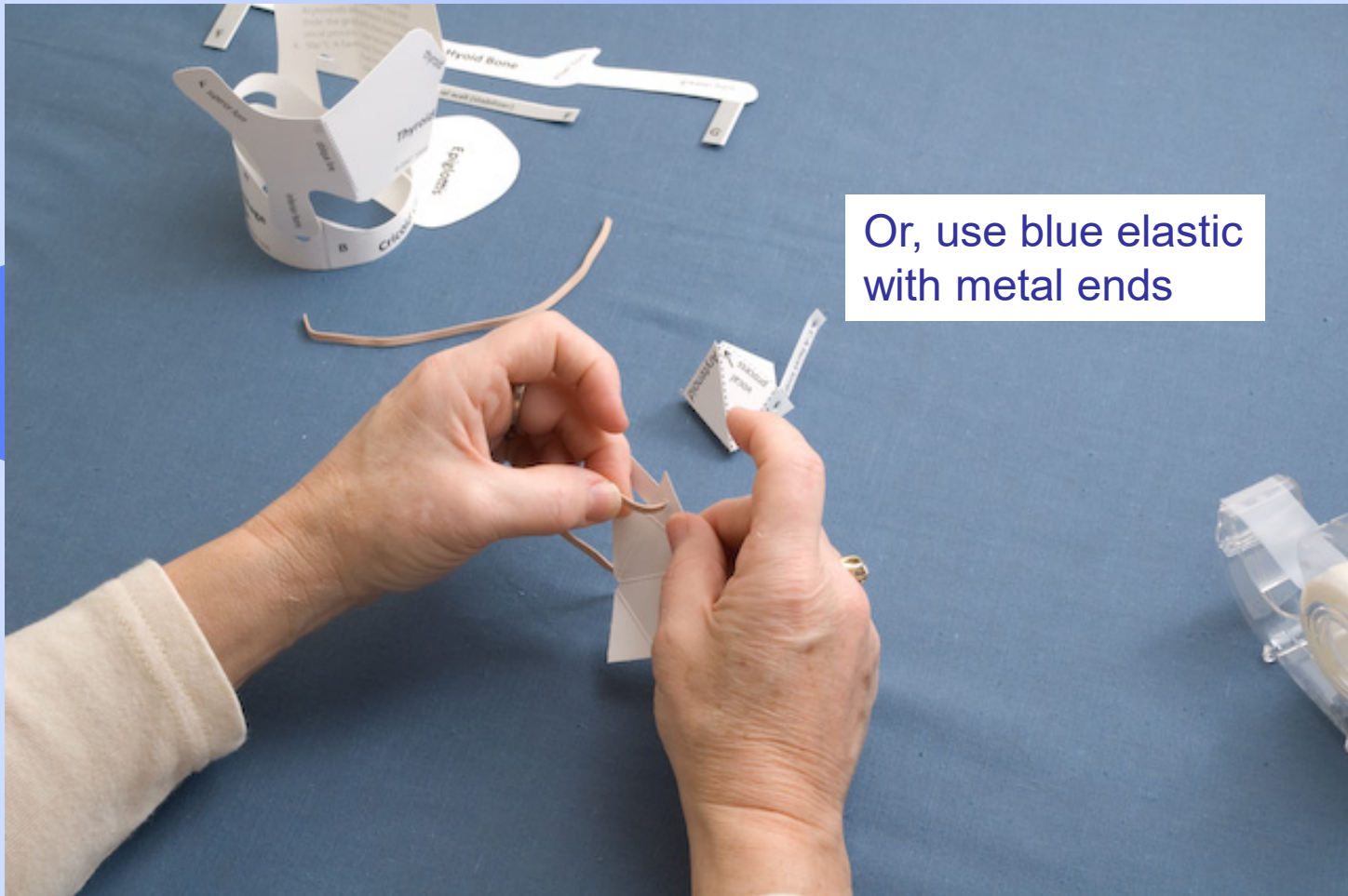
# ●●●●● Fold Arytenoid Cartilages



# • • • • • Note How Tabs Fold Under



# ●●●●● Thread Elastic Through Hole





# ●●●●● Pull Through



# ●●●●● Draw Other End Forward



# ● ● ● ● ● And Fold Arytenoid Around



# ● ● ● ● ● Tape Arytenoid Cartilage





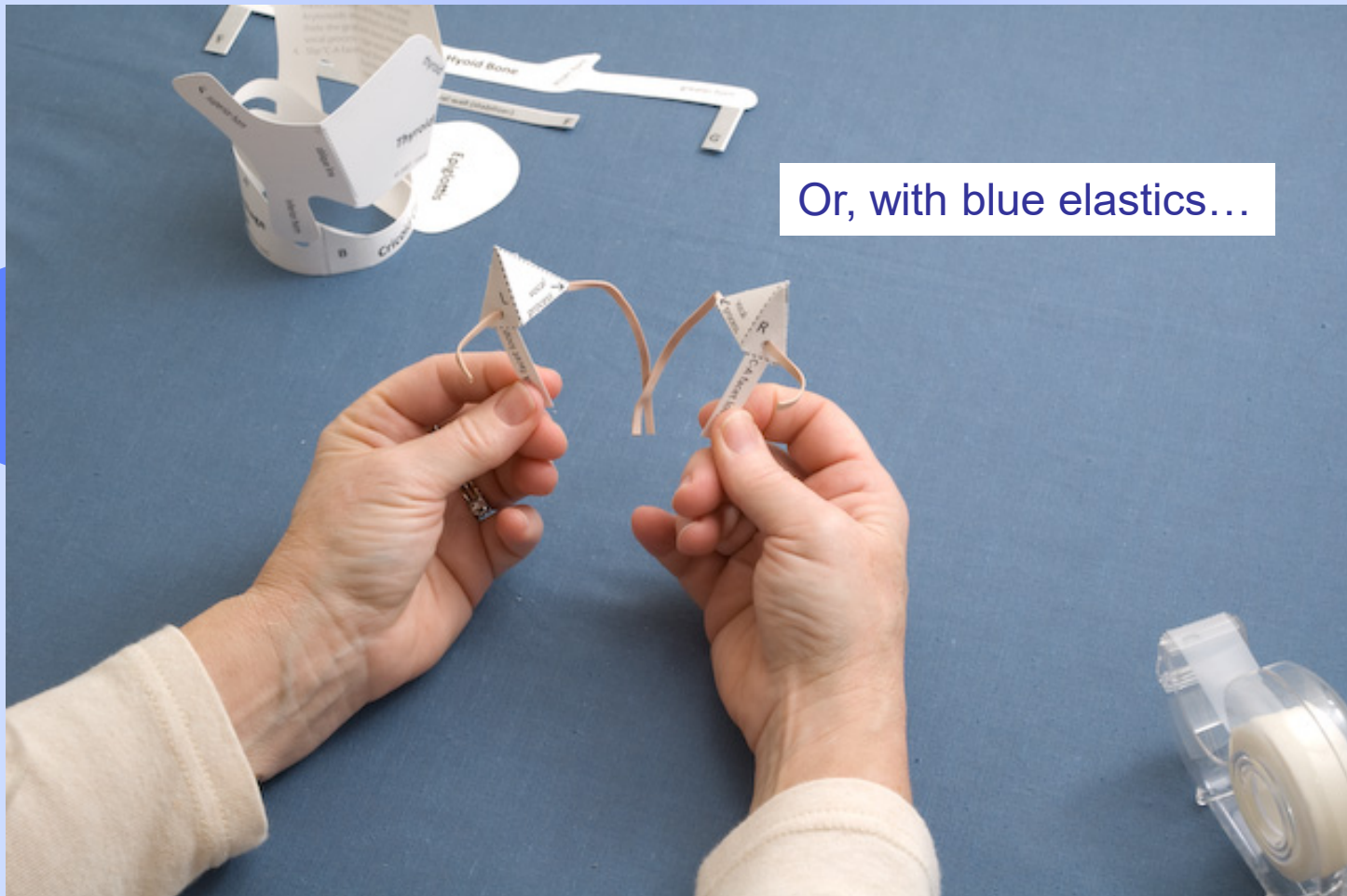
# ●●●●● Hide and Tape Over Both Tabs



# ●●●●● Repeat for Other Arytenoid



# ●●●●● Completed Arytenoids



# ●●●●● Slip R Loop Through R Slot





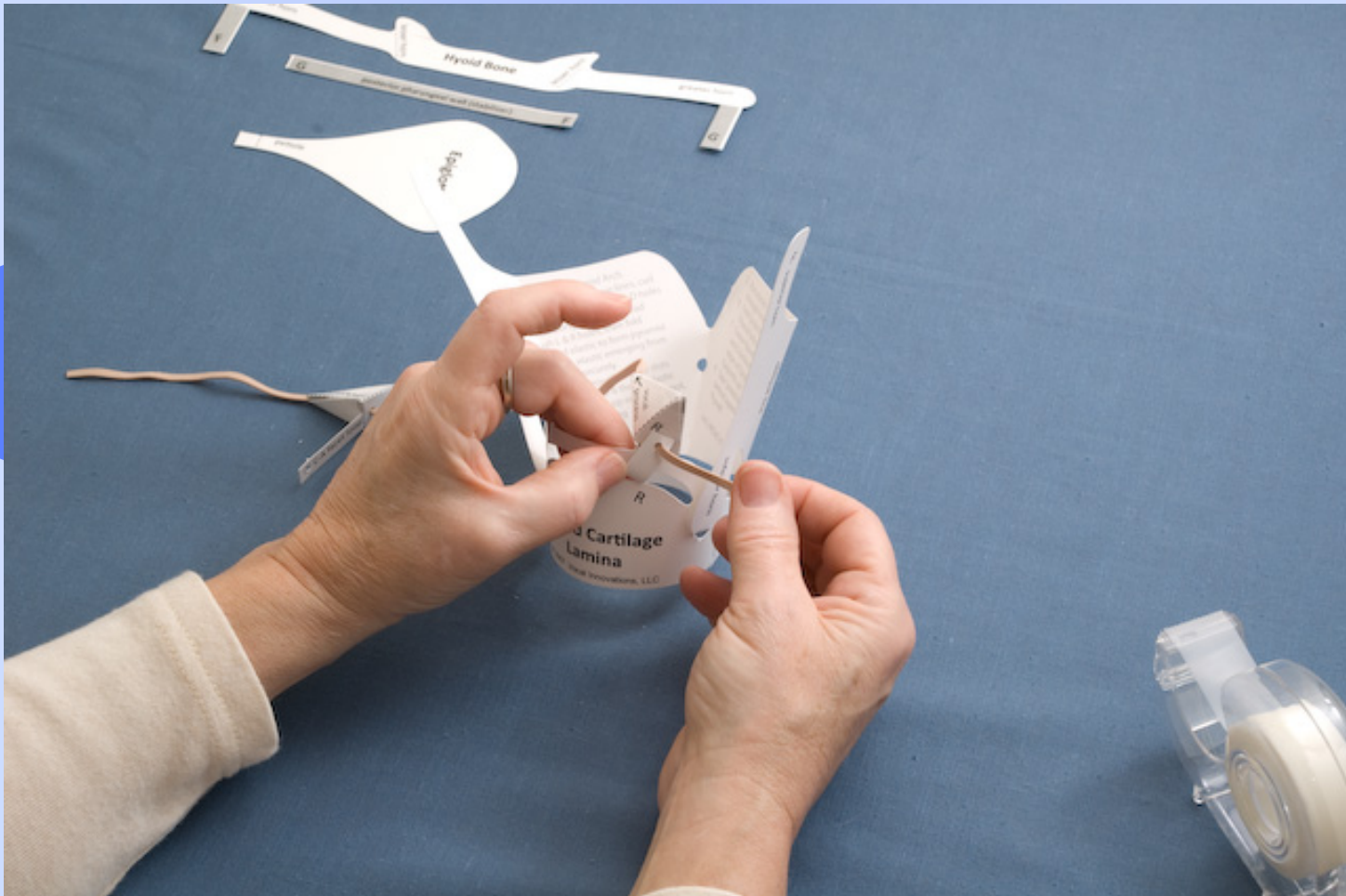
# ●●●●● Thread Elastic Through Hole



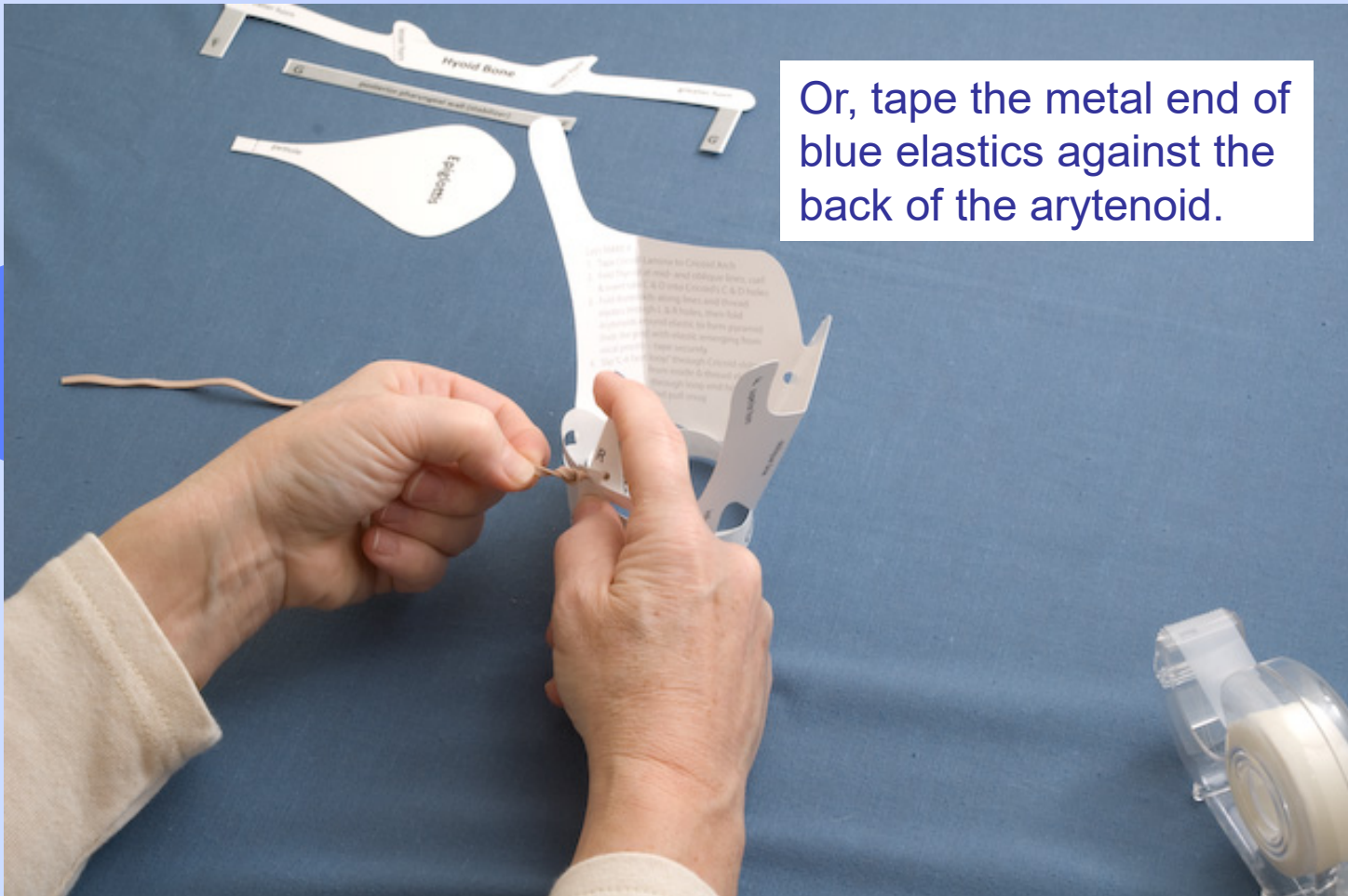
# ●●●●● Pull and Fold Loop Closed



# ●●●●● Loop Doubles Back Like This



# ● ● ● ● ● Tie End of Elastic

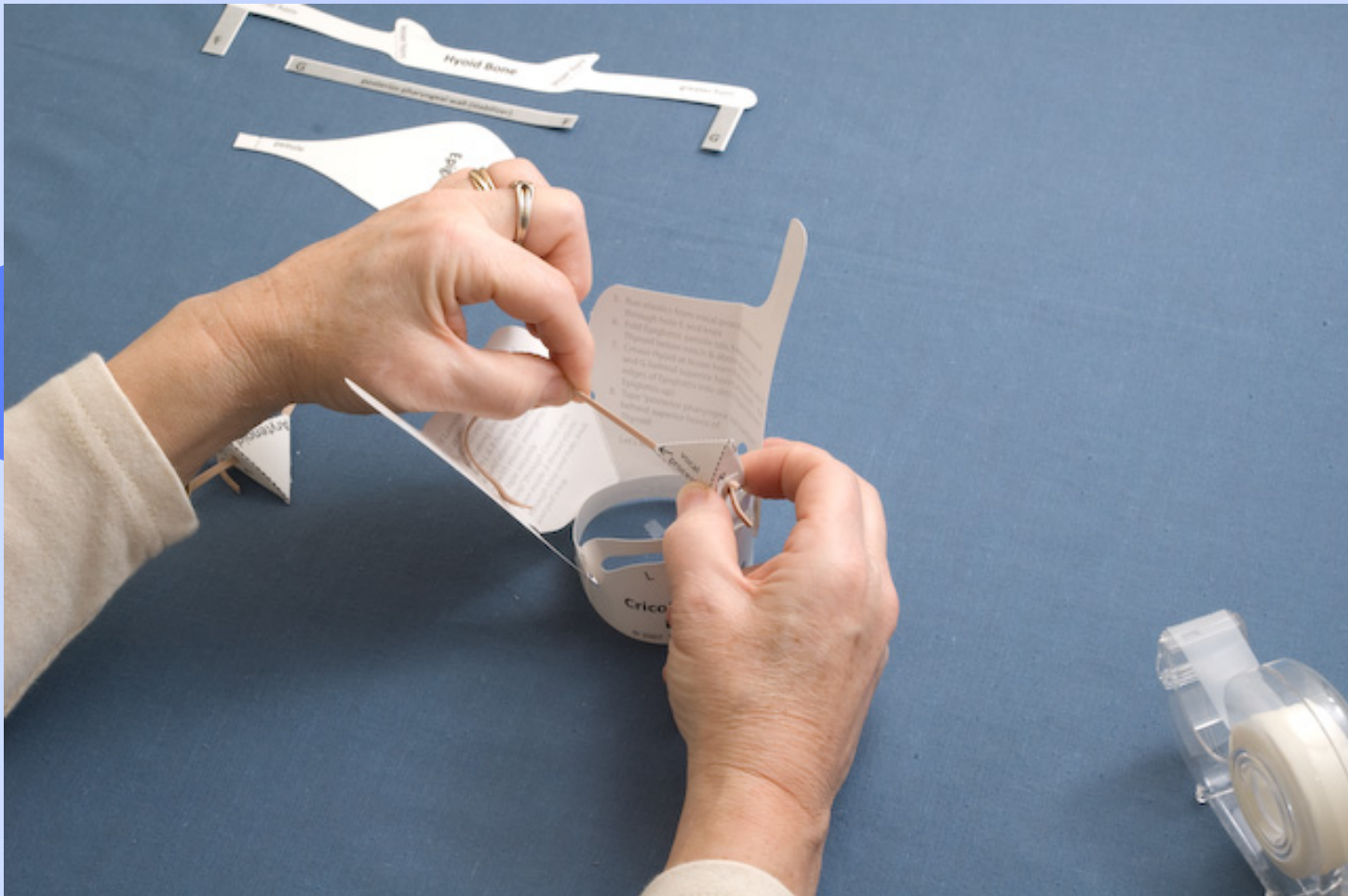




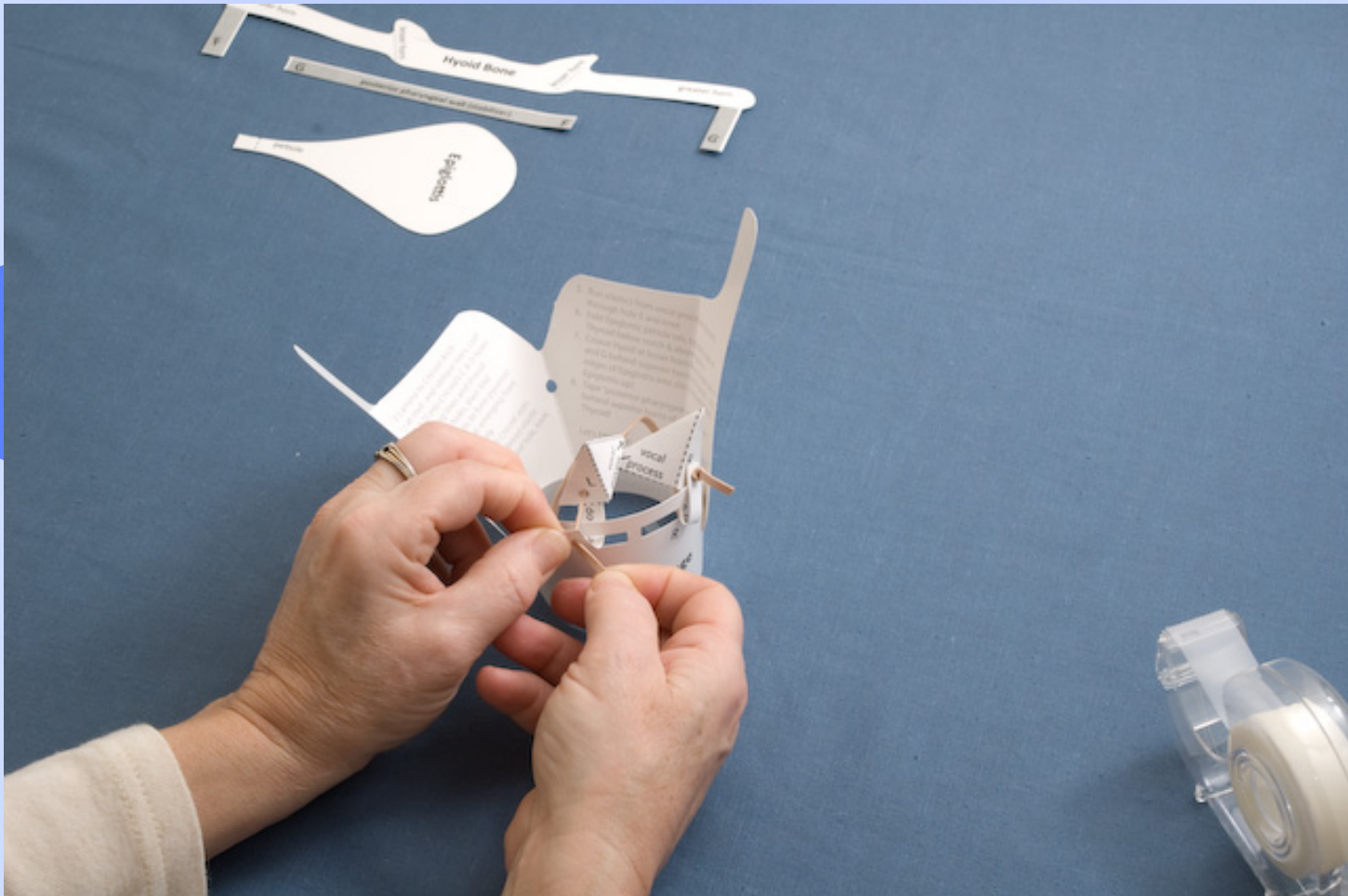
# ●●●●● Pull Elastic Forward



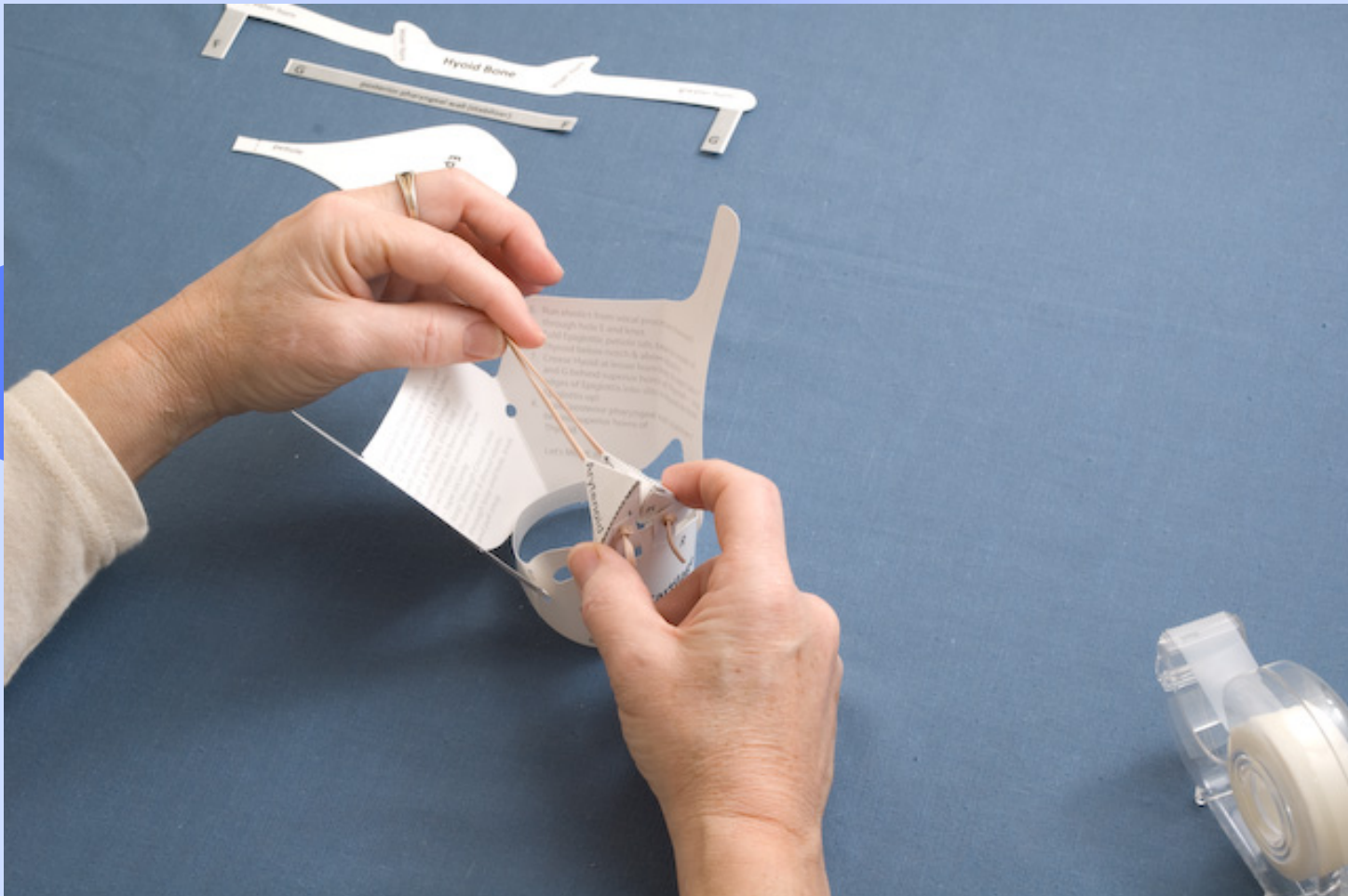
# • • • • • Another View of Elastic



# ●●●●● Attach the Other Arytenoid C.



# ••••● Elastics Become TVFs

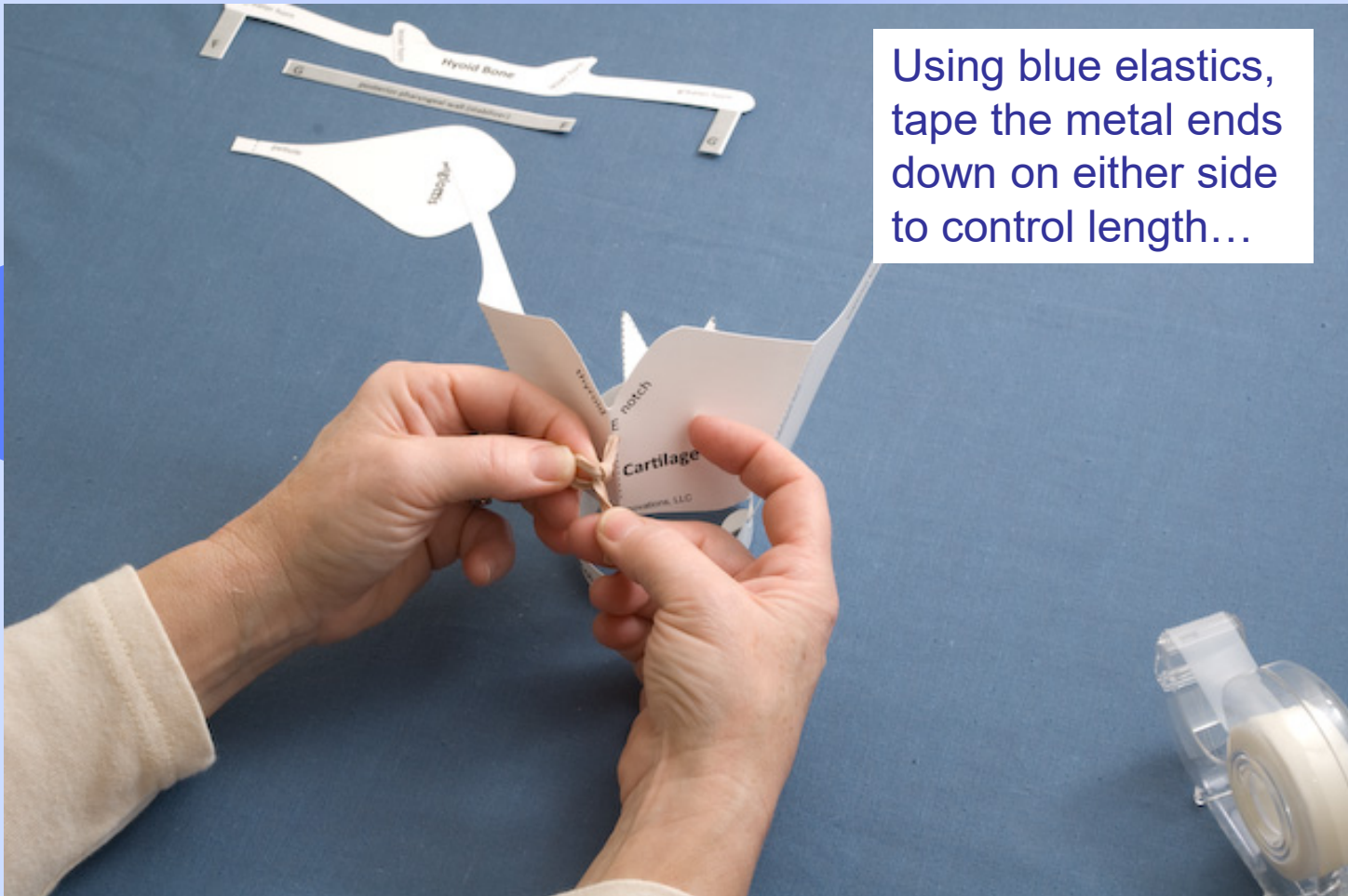




# ●●●●● Thread Through Below Notch



# ●●●●● Knot on Far Side of Thyroid C



# ●●●●● Fold Hyoid Bone



# ● ● ● ● ● Tape Gray Tabs F/G Behind

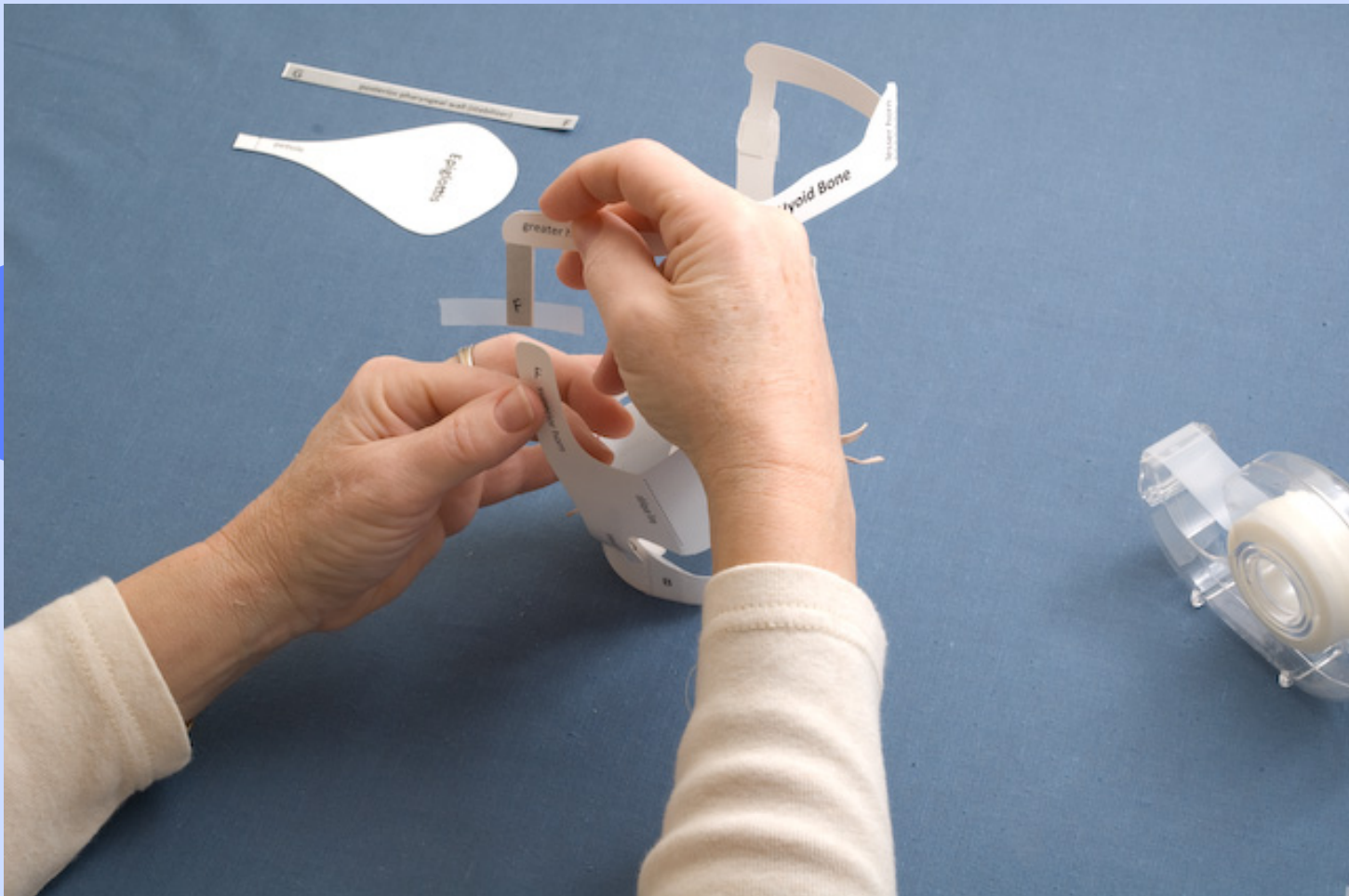




# ●●●●● Align the Letters Carefully...



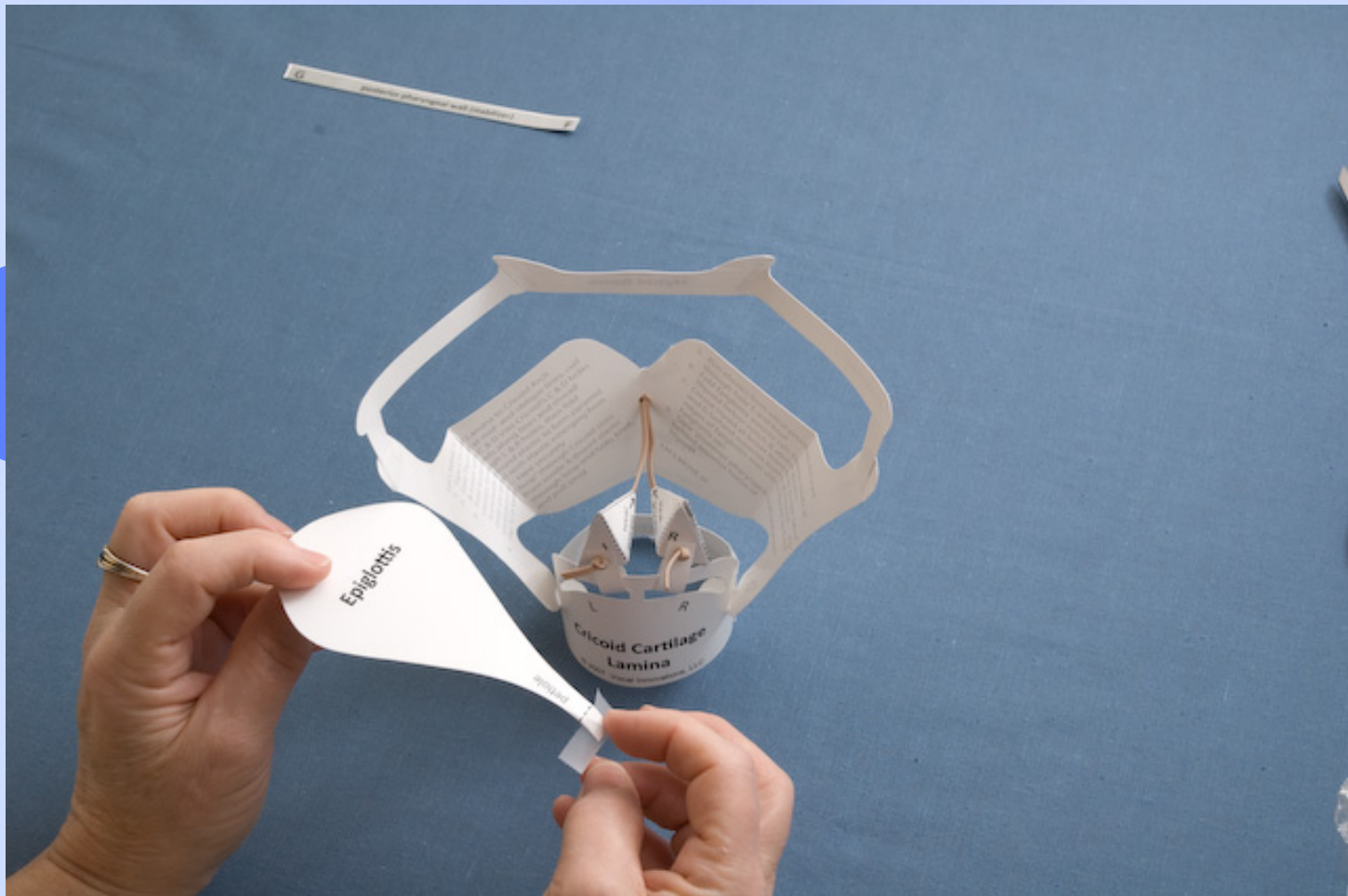
# ••••● Tabs Should Lean *Forward*



● ● ● ● ● Almost Done!

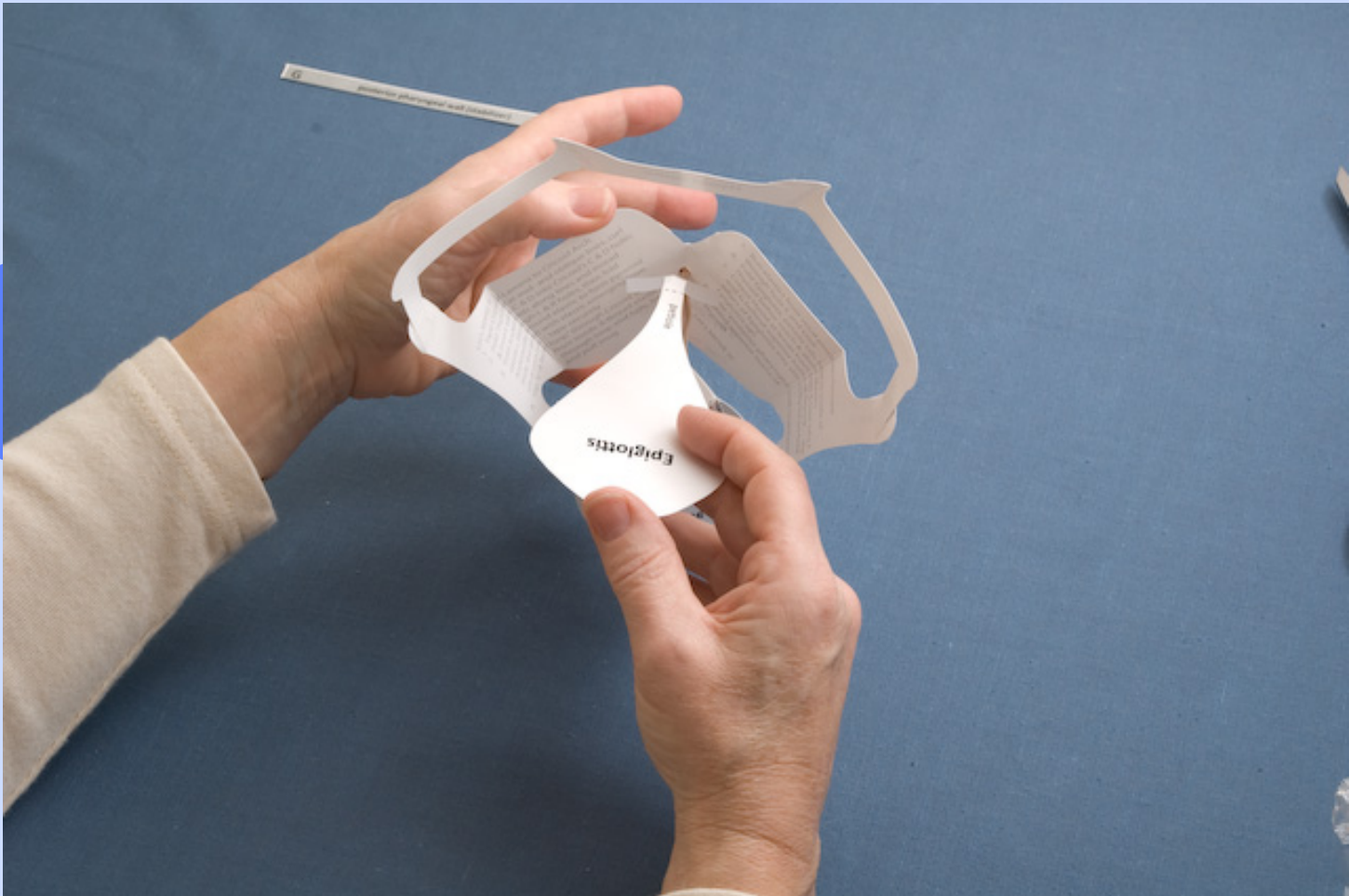


# • • • • • Tape Behind Epiglottic Petiole

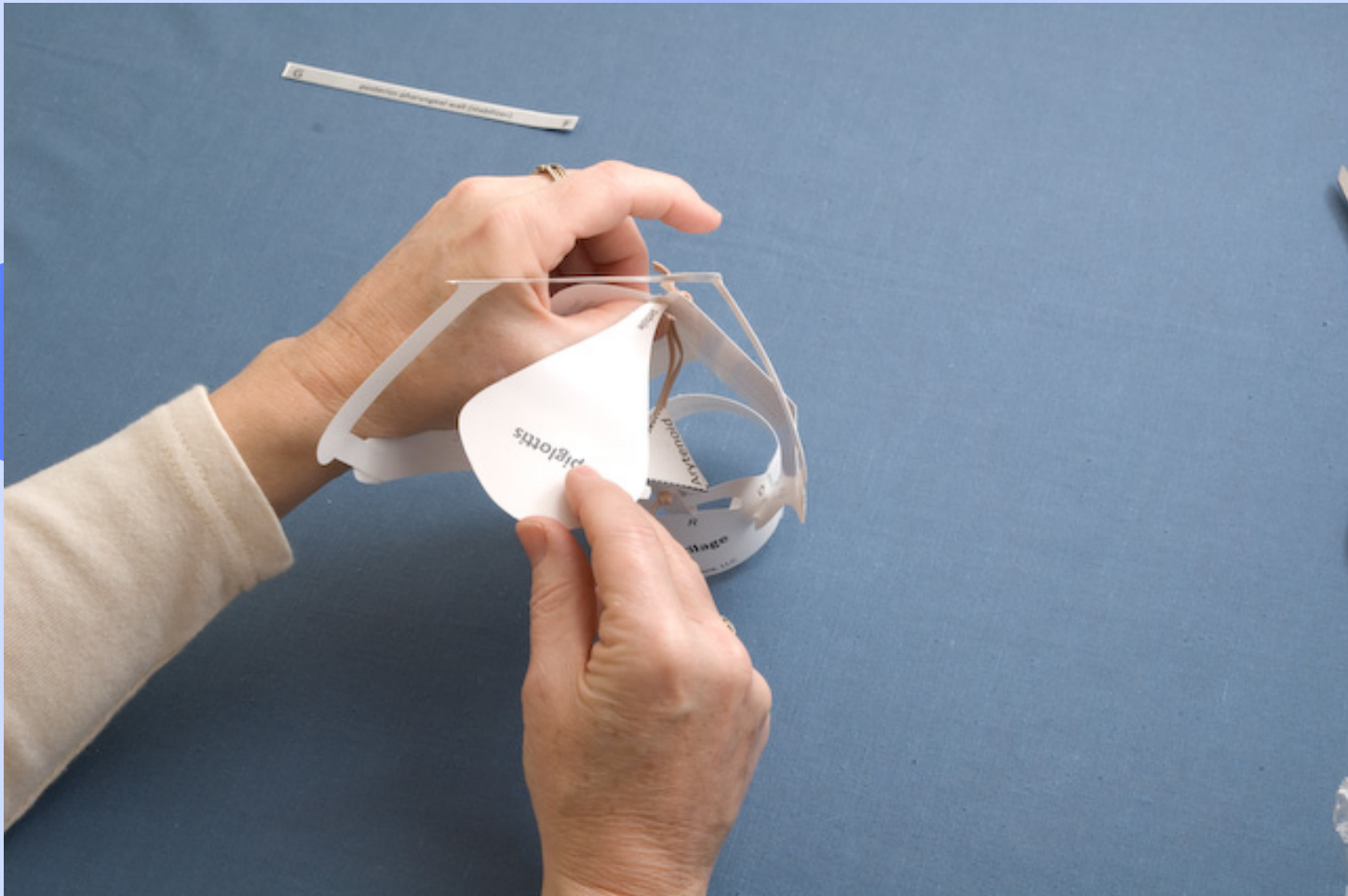




# ●●●●● Fold to Match Thyroid Angle



# ●●●●● Press in Place Above Elastics



# ●●●●● Epiglottis Deflecting Back



# ●●●●● Slip into Hyoid Slits to Hold Up

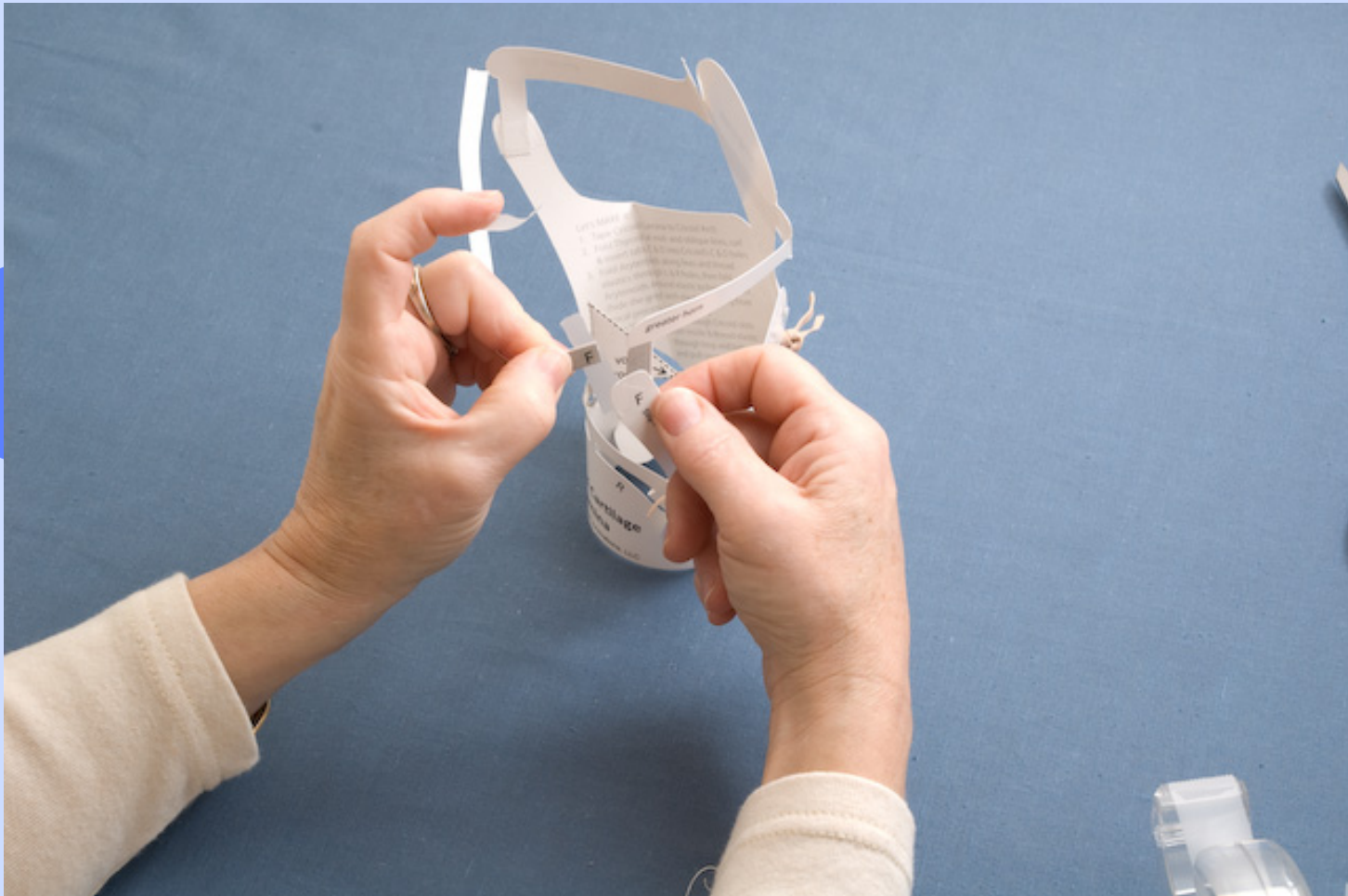




# ●●●●● Use Last Piece to Stabilize



● ● ● ● ● **Tape F behind Superior Horn**



# ●●●●● And Repeat with G



•••●● All Done – Congratulations!

